

Product Name: Silicone Nipple Ruler

Material: Food-Grade Silicone

Dimensions: 180 x 100 x 2.5mm

Colour: Pea Green

Product Description:

Getting stuck trying to figure out the right flange or nipple shield size for you? Achieve the perfect fit for any breastfeeding accessory with Haakaa's precise, easy-to-use Silicone Nipple Ruler! The perfect partner to most electric pumps and nipple shields, this handy, simple-to-use tool helps you find the right size quickly and accurately. Quick sizing is possible by placing your nipple inside the holes, ranging from 10-30mm in 1mm increments, or use the larger edge scale for straight measuring – it's even perfect for measuring day-to-day objects! What's more, this ruler is reversible if you prefer to measure in inches, keeping it ultra-versatile. Made from silky-soft, skin-friendly silicone, it features rounded edges to prevent irritation. Our ruler is compact and easy-care, as well as being safe in steam sterilisers and boiling water for effortless hygiene.

Features:

- Accurately measures your nipples to help determine the right size for breastfeeding accessories at every stage.
- Compatible with most electric pumps, nipple shields and more.
- Place your nipple inside the holes for quick sizing, covering 10-30mm in 1mm increments.
- Alternatively, use the larger edge scale for nipple measurement needs.
- Ultra-soft and skin-friendly with rounded edges to be gentle on delicate skin.
- Dual-sided measurements in both centimeters (0-160mm) and inches (0-6in) for various needs.
- Compact, flexible ruler can be folded or rolled up to carry with you wherever you need it.
- Easy-care: safe in steam sterilisers & boiling water.

Cleaning and Care:

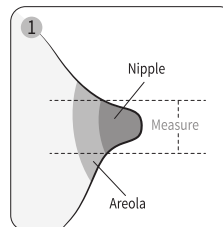
Wash before each use. Hand wash this product in warm, soapy water, then rinse and dry thoroughly. To sterilise, use a steam steriliser or boil in water for 2-3 minutes. Only soft bristle brushes or soft sponges should be used to clean this product, as hard scourers may scratch the surface. Do not use bleach-based agents to clean this product. Store product in a cool, dry place and avoid direct sunlight.

Caution:

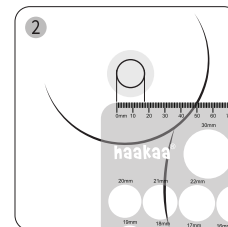
- Adult use only.
- Inspect before each use. Throw away at the first signs of damage or weakness.
- Keep out of the reach of children and pets.
- Do not use this product if you have cracked nipples, swelling, or infection. If you are experiencing nipple damage, consult a medical practitioner.
- The measurements are for reference only. For specific sizing, refer to the recommended measurements provided with your purchased breastfeeding products to select the appropriate size option.
- Do not forcefully stretch or scrub the product as this may impact its lifespan.
- This product is not a toy. Do not use this product for anything other than its intended use.

Instructions:

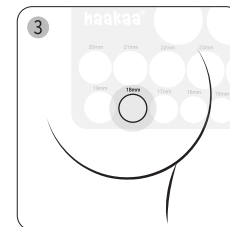
How to Measure:



We recommend measuring when the nipple is soft (i.e., not erect). Do NOT include the areola part.

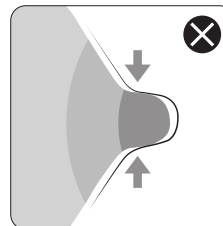


Using the edge scale: Straighten the ruler then place under your nipple to accurately determine your sizing.



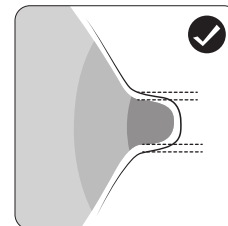
Using the sizing hole: Place each nipple into the holes one by one, ensuring a comfortable fit. The hole should surround your nipple without pinching; nor should there be excess space. Your areola should not be showing.

Find the Perfect Fit:



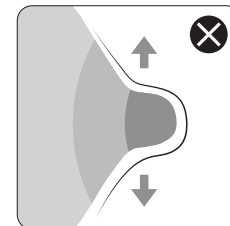
Too Small

The flange may press tightly against your skin, causing friction or discomfort.



Correct Fit

Fits comfortably with 1-4mm of space between the nipple and the sides of the flange.



Too Large

A loose fit means your areola may be pulled into the flange during use.

PLEASE NOTE: For most Haakaa products, a gap of 1-4mm between your nipple and the flange is recommended. For specific details, please consult your product's manual. For other brands, please check their recommended clearance sizes.