

Product Name: Pregnancy & Postpartum Support Wrap

Materials: 49% Nylon, 33% Polyester, 18% Rubber (Elastodiene)

Dimensions: 1 x Belly Wrap - 115 x 21cm

1 x Support Wrap - 115 x 11cm

Colour: Grey

### Product Description:

Support your belly and relieve back pain from pregnancy through to the postpartum period with the Haakaa Pregnancy & Postpartum Support Wrap. Featuring two separate bands, this wrap suits a wide variety of body shapes, sizes and needs. The narrow outer band supports your growing belly, helping relieve some of the burden on your back. The wider inner band is perfect to gently hold and reinforce your postpartum body, whether you delivered vaginally or via C-section. Support your belly, back, waist and abdomen throughout your pregnancy and postpartum journey in comfort with this amazingly soft and breathable support wrap.

### Features:

- 2-in-1 back, abdominal and pelvic support is suitable for every stage from pregnancy to postpartum.
- Comfortably holds your pregnant belly, helping support its weight.
- Separate support wrap can be used for double reinforcement on the waist and back, or on the pelvic area.
- Wider belly band compresses and supports postpartum bodies.
- Aims to reduce waist and back pain through improved posture.
- Suitable for vaginal and C-section birth recoveries.
- Convenient handles allow for easy readjustment.
- Soft, breathable fabric conforms to the curves of your waist and hips for a comfortable fit.
- Smooth & sturdy edges are gentle on skin without chafing.
- High-quality hook & loop tape holds its grip for a reliable fit each time.

### Cleaning and Care:

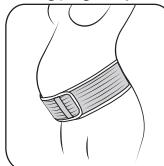
Clean this product regularly. Hand wash in warm water (below 30°C) and rinse thoroughly. Lie flat to dry. Do not forcefully scrub this product. Hard scourers may scratch the surface. Not suitable for chlorine, bleach, ironing, or dry cleaning. Do not machine wash or tumble dry. Store in a cool, dry place and avoid direct sunlight when not in use.

### Caution:

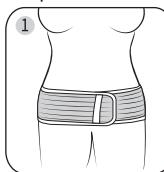
- We do not recommend placing this product directly onto your skin. If you choose to do so, avoid wearing for long periods of time to minimise the risk of chafing or discomfort.
- Always consult your medical professional prior to use.
- Do not wear if you have an allergy to any of the materials listed.
- Adult use only. Keep out of reach of children and pets.
- Check product condition regularly. Replace if product shows signs of damage.
- This product is a pregnancy assistive tool and is not a medical device.
- If you have had a C-section, avoid positioning the edge of the band directly over your incision.
- We do not recommend wearing this product for extended periods of time or while sleeping.
- Discontinue use if you feel any discomfort.
- Consult your healthcare professional if you're unsure about the correct fit during pregnancy. Not to be used during labour.

### Instructions:

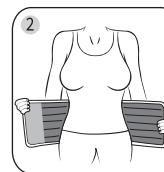
During pregnancy:



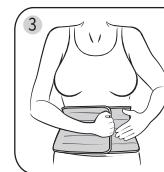
Postpartum use:



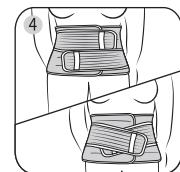
**Method 1 - support wrap:**  
Sit or stand comfortably in an upright position. Wrap around your pelvic area to support and compress.



**Method 2 - belly wrap:**  
Spread the band out behind you, with the darker side facing inwards. Position the band so it covers your abdomen down to the top of your hips.



Hold one end of the band, align it with the other side, and use the hook & loop tape to secure it to the other end. Adjust until it is firm yet comfortable.



**Method 3 - two wraps:**  
Wear the wider belly wrap first, then use the narrow support wrap for dual reinforcement in any area you would like to compress.

### WRAP SIZING GUIDE

	Belly Wrap	Support Wrap
Wrap Length	115cm/45.28 inches	115cm/45.28 inches
Wrap Width	21cm/8.27 inches	11cm/4.33 inches
Recommended Waist Size	≤130cm/≤51 inches	

**PLEASE NOTE:** DO NOT use the larger band while pregnant - for postpartum use only. Always consult your physician before using it, as wear times will vary depending on your individual situation. We highly recommend wearing the wrap over your clothes to minimise the risk of chafing or discomfort. Wrap is not intended for waist training purposes.