

Product Name: Hot & Cold Reusable Breast Compression Pads

Materials: Gel Pads (outer) - PVC, Polyester
Gel Pads (inner) - 61% Water, 35% Glycerol, 4% Carboxymethyl Cellulose
Sleeves - 100% Naturally-Coloured Organic Cotton
Storage Bag - Polyester, Stainless Steel

Dimensions: Compression Pads - 245 x 180 x 20mm
Organic Cotton Sleeves - 260 x 185mm
Storage Bag - 130 x 60 x 135mm

Contents: 2 x Hot & Cold Breast Compression Pads - Blush/Suva Grey
2 x Organic Cotton Sleeves
1 x Portable Storage Bag (Bluestone)

Product Description:

Help alleviate breastfeeding discomfort with Haakaa's Hot & Cold Reusable Breast Compression Pads. These pads are versatile enough to be used warmed up or chilled — whichever way you prefer to use them! And that's not where the versatility ends — use them to assist with milk flow or blockages, or to help ease pain and swelling associated with mastitis, engorgement, or nipple damage. Each pad comes with a soft organic cotton sleeve that provides a protective layer between the pads and your skin, and a handy portable storage bag. Suitable for breasts of all shapes and sizes.

Features:

- Reusable pads can be heated or chilled to provide relief of aches and pains associated with breastfeeding.
- Assists with milk flow, blockages and general discomfort.
- Helps ease the pain and swelling of mastitis, engorgement and nipple damage.
- Soft, naturally-coloured, 100% organic cotton sleeves provide a layer of effective yet gentle thermal protection between gel pads and your skin.
- Portable storage bag allows you to organise all items easily.
- BPA and phthalate-free.

Cleaning and Care:

Hand wash compression pads regularly in warm soapy water, or wipe clean with a damp cloth. Wash cotton sleeves after each use by hand with warm soapy water, or in a washing machine on a cold, delicate cycle. Hang to dry.

Instructions:

Can be chilled, frozen or heated. Only use for a maximum of 20 minutes at a time. Always test pad temperature prior to application.

Chilled: Refrigerate for at least one hour before use. Insert each pad into a cotton sleeve before placing on your skin.

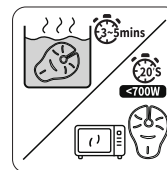
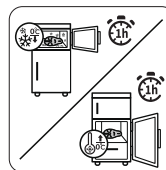
Frozen: Keep in freezer for at least one hour before use. Once frozen, insert each pad into a cotton sleeve before placing on your skin. Do not apply frozen compression pads directly to the skin as this can cause ice burns.

Heated:

Hot Water Method - We recommend heating your pads by submerging carefully in hot water for 3-5 minutes. Do not use boiling water. Drain water before removing pads. Once heated, handle pads with caution and insert each one into a cotton sleeve before placing on your skin. Do not apply hot compression pads directly to the skin as this can cause burns.

Microwave Method - Please be aware that microwaving pads can cause uneven heat distribution. Place pads on a clean, dry plate in the microwave for 20 seconds, then in five second increments if needed. Remove pad after each round in the microwave and press on all areas of the pad to mix the gel well - microwaving can cause isolated hot spots, which can cause the gel to leak. Ensure that the pad does not brush against the walls or ceiling of your microwave as it spins. The microwave carousel must be able to spin throughout the heating cycle. Once heated, handle pads with caution and insert each one into a cotton sleeve before placing on your skin. Do not apply hot compression pads directly to the skin as this can cause burns.

Not suitable for use in microwaves above 700W.



Caution:

Check product condition regularly. Replace if this product shows any signs of damage. Keep away from sharp objects. Only soft bristle brushes or soft sponges should be used to clean compression pads. Hard scourers may scratch the surface. Do not use this product for anything other than its intended use. Do not forcefully squeeze or shake pads at any time. Do not open or puncture pads. If pads leak, dispose of immediately. For external use only, do not ingest. Do not apply to sensitive skin or open wounds. Do not fall asleep using pads. If gel comes into contact with eyes or skin, rinse thoroughly with warm water. For extreme, prolonged or chronic pain, contact your physician. This product is not a toy - keep out of reach of children

PLEASE NOTE: If pads are too hot or too cold for your comfort, wrap in an extra layer of fabric e.g., a towel.